Kristen Da Silva is a graduate of York University and works as a playwright, actor and director. She is best known for her plays WHERE YOU ARE (Theatre Orangeville, Upper Canada Playhouse, Theatre Baddeck, Victoria Playhouse (PEI), Peterborough Players (New Hampshire), Theatre Ravensburg (Germany), Festival Borgio de Verezzi (Italy)); SUGAR ROAD (Theatre Orangeville, Globus Theatre, Lighthouse Festival Theatre, Cow Patti Theatre, Upper Canada Playhouse), HURRY HARD (Lighthouse Festival Theatre, Showboat Festival Theatre, Cow Patti Theatre), BEYOND THE SEA (Lighthouse Festival Theatre, Showboat Festival Theatre, Victoria Playhouse (PEI), Mulgrave Road Theatre, Festival Players of Prince Edward County) and THE RULES OF PLAYING RISK (Theatre Orangeville online). She is a two-time winner of the Playwrights Guild New Comedy Award for GIBSON & SONS (2016) and HURRY HARD (2019). She lives in Oakville, Ontario with her husband and three children.