

Author Profiles.

Dr Stephen Kaladeen

Dr Kaladeen was born in Georgetown Guyana (South America). His family were indentured servants brought to Guyana from India generations ago. They emigrated to Canada in 1964 when Stephen was one year of age. They settled in Toronto where he grew up. Dr Kaladeen attended the University of Waterloo and then Queens Medical School. Following medical school, he interned at Mount Sinai Hospital and did extra training at the Michael Garron Hospital in Toronto.

Stephen is a full-time family doctor and anesthesiologist. He has worked for the past 30 years in Trenton Ontario, practicing small town medicine. Stephen began his career as a writer for Stiches Magazine. This was a medical journal of humour. He has since written for the Medical Post and has numerous articles published in the National Post. He also wrote the seminal article on the doctor shortage in Canada that was published in Macleans Magazine in 2002. Dr Kaladeen believes very strongly that every Canadian deserves a family doctor.

Stephen's first book, 'The Secret Life of Doctors' was published in 2014 and was recognized on the Stephen Leacock Foundation Long List. He appeared in the Paul Quarrington Humour Showcase in 2016 at the Leacock Summer Festival.

Jean Kaladeen

Jean grew up in Belleville Ontario and then attended Queens University in 1984. Jean was the recipient of a prestigious Medical Research Council of Canada Studentship. This allowed her to pursue graduate studies in Medical Biophysics at the Samuel Lunenfeld Research Institute at Mount Sinai Hospital. Jean is a Cordon Bleu trained chef and is passionate about food and cooking for her friends and family.

While at Mount Sinai she met and eventually married her husband, Stephen. Their son was born with a serious medical problem and Jean discontinued her graduate studies to care for him. Seeing how many people were without a doctor, she found purpose in helping her community to engage and retain family physicians. She does this by recruiting doctors into the Family Health Organization where she is the lead administrator. She has welcomed six new doctors since 2019. Jean's other passion is animal rescue. Her first book is a children's story titled 'Larry the Little Orphan Dog'. This story is about a very sick dog who is rescued from the Quinte Humane Society. The story is designed so that children learn empathy towards others. The book has raised thousands of dollars for the Quinte Humane Society and received a glowing review from Kirkus. Jean donates this book as a fundraising tool and receives no proceeds or profits from the sale of this book.

Jean and Stephen are happily married and have three children and a granddaughter.

