Sheri Segal Glick holds a degree in journalism, a J.D., and a half-eaten muffin that one of her kids handed her and made her promise not to throw out. Lawyerly stuff she has done includes working at the Department of Justice and the House of Commons. Mommish stuff she has done includes wrangling her three kids, finding new and exciting ways to monitor screen time, and chairing the parent council at her kids' school for the past eight years. Writerly stuff she has done includes writing for local newspapers, national magazines, and drafting a great deal of federal legislation (though maybe nothing you've read). This is Sheri's first book.