

JANN ARDEN is a singer, songwriter, actor, author and social media star. The celebrated multi-platinum, award-winning artist was inducted into the Canadian Music Hall of Fame in 2021. She continues to record and tour, and in 2022 released her fifteenth album, *Descendant*. She has written four books, including a memoir of her early life and path to music, *Falling Backwards*, and her two #1 bestsellers, *Feeding My Mother* and *If I Knew Then*. She is the star of her own hit TV sitcom, *Jann*, which debuted in 2019 and recently aired its third season. She is also the host of *The Jann Arden Podcast*, where she and her guests explore what makes humans authentically themselves, and she starred in the hit TV sitcom *Jann*, inspired by her own life.